Law Enforcement Scenarios:

Scenario #LE1:

You are on patrol when you are called to a report for a suspicious vehicle that has been parked behind a local business for the last hour. Upon arrival, you encounter a 20-something male sitting in the driver's seat who appears to be sleeping.

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to painful stimuli Breathing: slow and shallow; drooling profusely

Pulse (if checked): slow and weak

Eyes: pupils are pinpoint

Skin (if checked): clammy, cyanotic lips

Scene findings (if student asks): used needles in passenger seat

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result: Normal breathing not restored-continue rescue breathing until EMS arrival

Scenario #LE2:

You are working a scene at a known meth house. Your partner has been complaining since you arrived about 15 minutes ago that he has not been feeling well. He suddenly collapses to the floor.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive Respirations: absent

Pulse (if checked): none Eyes: pupils are normal

Skin (if checked): sweaty, cool to the touch

Scene findings (if student asks): multiple containers and drug paraphernalia scattered around.

Expected Actions: Call for help and AED, Begin CPR per training level, if attempted there is no change with naloxone administration, perform CPR until relieved or arrival of EMS.

Scenario #LE3:

You are called to the scene of a 40-year-old individual who has attempted suicide by taking an unknown amount & type of pills.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Breathing: occasional snoring sounds Pulse (if checked): slow and weak

Eyes: pupils are pinpoint

Skin: clammy, cyanotic around lips

Scene findings (if student asks): empty unmarked pill bottles nearby

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is restored-place in recovery position and monitor until EMS arrival

Narcan Training Scenarios

Scenario #LE4:

While serving a warrant on a known drug dealer, another resident of the home is found unresponsive in a bedroom.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Breathing: absent

Pulse (if checked): not palpable Eyes: pupils are pinpoint Skin: cool, cyanotic

Scene findings (if student asks): used needles next to victim

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response Result:

Normal breathing not restored-continue rescue breathing & CPR until EMS arrival

Scenario #LE6 (in facility):

You are called to a cell for an inmate who was lying on the floor during routine checks.

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to painful stimuli

Respirations: slow, shallow Pulse (if checked): slow, weak Eyes: pupils are pinpoint

Skin: clammy, pale

Scene findings (if student asks): small strips of white substance on table

Expected Actions: Call for help and AED, Begin rescue breathing, normal breathing is restored after first naloxone administration, place victim in recovery position and monitor until arrival of EMS.

Scenario #LE6 (in facility):

During a game of basketball, one of the male inmates suddenly collapses.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: absent Pulse (if checked): none Eyes: pupils are normal Skin: warm, sweaty

Scene findings (if student asks): nothing significant

Expected Actions: Call for help and AED, Begin CPR per training level, if attempted there is no change with naloxone administration, perform CPR until relieved or arrival of EMS.

Scenario #LE7 (in facility):

During morning rounds, one of the male inmates will not wake up.

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to pain

Breathing: slow with gurgling sounds
Pulse (if checked): strong but slow
Pupils: unequal size and non-reactive

Skin: normal

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Scene findings (if student asks): nothing significant

Expected Actions: Call for help, Perform rescue breathing, if attempted there is no change with naloxone administration, Monitor for response

Result: Normal breathing not restored-continue rescue breathing until EMS arrival

Scenario #LE7 (intake):

While processing a male after his arrest, you note that he is quickly becoming very lethargic and slurring his words. Within a short while, he loses consciousness.

Assessment findings (students should ask for this additional information):

Responsiveness: will moan when yelled at Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

Skin: clammy

Scene findings (if student asks): subject had been involved in foot pursuit after a large party he was at was broken up; no other information is known at this time

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result: Normal breathing is restored-place in recovery position and monitor until EMS arrival

Scenario #LE8 (in facility):

During off-site work detail, one of the other inmates reports that another inmate is acting strangely. Just prior to your arrival, bystanders report that he "passed out".

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

Skin: clammy

Scene findings (if student asks): baggie of white substance found in inmate's pocket

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is restored-place in recovery position and monitor until EMS arrival

Scenario #LE9 (evidence):

While processing evidence, an officer accidentally inhales a powdery substance from a baggie that had been collected during an arrest. A short while later, he begins to complain that he is extremely groggy and loses consciousness a short time later

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

Skin: clammy

Scene findings (if student asks): baggie of white substance

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result: Normal breathing is restored after 2 doses of naloxone-place in recovery position and monitor until EMS arrival

Scenario #LE10 (field, intake, or in facility):

A female who is a known drug user has been arrested on additional charges. While in custody, you note that she is steadily losing consciousness.

Assessment findings (students should ask for this additional information):

Responsiveness: will moan when yelled at Respirations: occasional snoring sounds Pulse (if checked): weak and slow

Eyes: pupils are pinpoint

Skin: clammy

Scene findings (if student asks): nothing significant; track marks which appear older

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is restored after naloxone; place in recovery position and monitor until EMS arrival

Laboratory or Mailroom

Scenario #L1

As you are walking past the evidence section of the laboratory (or a mailroom), you notice the technician is slumped over the counter.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints

Skin: pale with cyanosis around lips

Scene findings (if student asks): evidence (or envelope) lying on counter near evidence technician, evidence/envelope has a tear and appears to be covered in a powdery substance

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response

Result: normal breathing is restored, place in recovery position and monitor until EMS arrival

Scenario #L2

Entering the mailroom or chemistry section of the laboratory, technician is lying on the floor nearby

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to painful stimuli

Respiration: slow and shallow

Pulse (if checked): very slow and weak

Eyes: pupils are pinpoints Skin: pale and cyanotic

Scene findings (if student asks): open package of evidence on lab bench

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response

Result: normal breathing is restored, place in recovery position and monitor until EMS arrival

Scenario #L3

Entering the main bathroom, you see a technician who is "acting strangely" and then passes out.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints Skin: pale and clammy

Scene findings (if student asks): nothing significant

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response

Result: normal breathing is not restored, administer second does of naloxone, rescue breathing until EMS arrival

Scenario #L4

After processing a baggie with residue in the latent print section (or suspicious letter), the technician begins to complain of extreme grogginess and loses consciousness a short time later.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints

Skin: clammy

Scene findings (if student asks): baggie with residue

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response

Result: normal breathing is not restored, administer second dose of naloxone, normal breathing is restored, place

in recovery position and monitor until EMS arrival

School Nurse or Other School Official

Scenario #S1:

While working in your office, a frantic physical education teacher rushes in and states that there is a male student who "won't wake up" in the locker room.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Breathing: occasional gurgling sounds Pulse (if checked): weak, barely palpable

Eyes: pupils pinpoint

Skin: clammy

Scene findings (if student asks): baggie of white substance found in student's pocket

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is restored-place in recovery position and monitor until EMS arrival

Scenario #S2:

When arriving in the morning, a student is found behind the school face down.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Breathing: none Pulse: none Eyes: normal Skin: pale

Scene findings (if student asks): several drug paraphernalia items are found in his backpack

Expected Actions: Call for help and AED, Begin CPR per certification level, Naloxone administration not effective, perform CPR until relieved or arrival of EMS.

Scenario #S3:

A parent who is picking up their child from school suddenly collapses near the school entrance.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: absent Pulse (if checked): none Eyes: pupils are normal

Skin: pale

Scene findings (if student asks): nothing significant

Expected Actions: Call for help and AED, Begin CPR per certification level, Naloxone administration not effective, perform CPR until relieved or arrival of EMS.

Scenario #S4:

After returning from lunch off campus, a male student is reported to be "acting strangely". Just prior to your arrival, bystanders report that he "passed out".

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

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Skin: cyanotic

Scene findings (if student asks): nothing significant

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

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Normal breathing is not restored-continue rescue breathing until EMS arrival

Scenario #S5:

You are summoned to a vehicle in the parking lot where a student has seemed to be "sleeping" for an extended period of time.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

Skin: cyanotic

Scene findings (if student asks): nothing significant

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is not restored-continue rescue breathing until EMS arrival

Community Based Services

Scenario #CB1:

While working with a new client, you notice that they seem to be overly sleepy. Several minutes into your interaction with them, they slump over in the chair.

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to painful stimuli

Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints

Skin: clammy

Scene findings (if student asks): small baggie found in pants pocket

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response

Result: normal breathing is restored with first dose of naloxone but person does not fully gain consciousness,

place in recovery position and monitor until EMS arrival

Scenario #CB2:

While walking down the hallway of the clinic/drop off center, someone shouts that there is an unresponsive person on the bathroom floor.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints

Skin: clammy

Scene findings (if student asks): backpack with several types of paraphernalia

Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response Result: normal breathing is not restored with 1st naloxone dose, after 2nd second dose of naloxone, normal breathing is restored, place in recovery position and monitor until EMS arrival

Scenario #CB3:

When arriving at your office, you find a person slumped over on a bench near the front door.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive Respiration: none noted

Pulse (if checked): undetectable

Eyes: pupils are dilated Skin: dusky looking

Scene findings (if student asks): nothing significant in immediate surroundings

Expected Actions: call for help, perform CPR, administer naloxone, monitor for response

Result: normal breathing or responsiveness is not restored, continue CPR until EMS arrival; if additional doses of naloxone given, there is still no change in victim's condition

CB4: While doing a home visit as part of a peer-support program, you note that your client seems to be acting strangely. Within a few minutes, they pass out on the floor.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive
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Respiration: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoints

Skin: clammy

Scene findings (if student asks): nothing significant in immediate surroundings
Expected Actions: call for help, perform rescue breathing, administer naloxone, monitor for response
Result: normal breathing is not restored with 1st naloxone dose, after 2nd second dose of naloxone, normal breathing is restored, place in recovery position and monitor until EMS arrival

Miscellaneous Scenarios

Scenario #M1 (firefighter or additional LE):

While attending to a minor accident scene, you find a female unresponsive in the backseat of one of the vehicles.

Assessment findings (students should ask for this additional information):

Responsiveness: moans in response to painful stimuli

Respirations: slow and shallow

Pulse (if checked): very slow and weak

Eyes: pinpoint pupils

Skin: pale with cyanosis around lips

Scene findings (if student asks): used needles are found in her purse nearby

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is restored-place in recovery position and monitor until EMS arrival

Scenario #M2 (firefighter or additional LE):

When arriving for training, an adult male is found lying beside a vehicle in the parking lot.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: absent Pulse (if checked): none

Eyes: normal Skin: pale and cool

Scene findings (if student asks): nothing significant

Expected Actions: Call for help and AED, Begin CPR per certification level, Naloxone administration not indicated-no change if given, perform CPR until relieved or arrival of EMS.

Scenario #M3 (firefighter or additional LE):

While picking up lunch at a local shop, a person runs up to you and states there is a female slumped over the steering wheel of a vehicle in the parking lot.

Assessment findings (students should ask for this additional information):

Responsiveness: unresponsive

Respirations: occasional snoring sounds Pulse (if checked): very weak and slow

Eyes: pupils are pinpoint

Skin: pale with cyanosis around lips

Scene findings (if student asks): used needles are found in the vehicle's console

Expected Actions: Call for help, Perform rescue breathing, Administer Naloxone, Monitor for response, Result:

Normal breathing is not restored-continue rescue breathing until EMS arrival

Notes regarding scenarios:

- -In order to be flexible for all learners, no vital sign information is provided. The goal of scenarios is to quickly assess their victims and make life-saving interventions without taking excessive time to obtain vital signs.
- -ALL scenarios require some form of life-saving intervention. This may need to be tailored to a learner's work environment but may include one or all of the following: chest compressions, rescue breaths, and combinations of compressions and breaths.
- -Even if a scenario notes that naloxone is not effective or the assumption of the learner is that naloxone is not indicated, all scenarios are built in such a fashion that administration of naloxone is still appropriate and should be attempted
- -Please adhere as closely as possible to the naloxone scenarios provided. Notate the scenario number on the skills checklist. If you find that additional scenarios are necessary for your training environment, please email aolson@bestpracticemedicine.com