## **LGBTQ+ Healthcare Ally Training**

## Monday May 13th, 6-8pm EMS Grand Rounds, Best Practice Medicine Training Facility, Bozeman



## Why this matters?

4.5% of US adults identifies as LGBT (lesbian, gay, bisexual, trans\*), with Millennials being more than twice as likely as any other generation to identify as LGBT (8.2%). Out of 44 Montanans surveyed who identified as LGBTQ+, 63% of respondents didn't feel the last healthcare worker they saw adequately addressed their gender or sexuality and 55% indicated a low level of comfort with medical staff.

Significant health disparities exist in this population including increased incidence of smoking, depression, and hazardous weight control behaviors (fasting, vomiting, etc)

One in five transgender persons has been denied care by a physician.

This is unacceptable. Access to healthcare is a basic human right and the first step to addressing the health needs of LGBTQ+ populations is providing affirming care.

## This LGBTQ+ Healthcare Ally Training has been adapted to fit the EMS Grand Rounds Format and audience.

- Clarifies common vocabulary relevant to LGBTQ+ healthcare.
- Identifies health disparities among this population.
- Discusses heathcare-specific interactions and how to sensitively ask questions.
- Reviews case studies and practices new skills.
- Facilitates activities around microaggressions and biases and how these adversely affect patient health.
- Provides resources, a "toolkit", and ongoing support.

Our Team: staff and volunteers from Bridgercare, Bozeman Health,
 Montana State University's
 Diversity and Inclusion Student
 Commons, Dr. Kathryn Lowe, and members and allies of the local
 LGBTQ+ community.

Reference Resources: the Fenway
 Institute, The Gay and Lesbian
 Medical Association (GLMA), The
 Human Rights Campaign and The
 Safe Zone Project.

If you have any questions, please contact Cami at Bridgercare. 587-0681, ext. 113, carmijo@bridgercare.org.